European Group for Research into Elderly and Physical Activity www.egrepa.org

April, 2012

Dear Friends and Colleagues,

EGREPA provides a platform for researchers to exchange ideas and cooperate in joint projects. It also serves as a leader in creating expert opinions and broadening knowledge in the field of physical activity and aging.

We look forward to another stimulating year. Our journal "The European Review of Aging and Physical Activity (EURAPA)", with an IF of .95, is being published by Springer, which entitles EGREPA members to receive EURAPA for free! You are invited to contribute a scholarly review on topics related to physical activity and aging.

In addition, members have free online access to the following society journals published by Springer:

- Journal of Public Health
- Journal of Primary Prevention
- Journal of Behavioral Medicine
- Journal of Aging and Identity
- Journal of Clinical Geropsychology
- Sport Sciences for Health

EGREPA members are also entitled to a 20% discount on Springer books.

Following the EGREPA tradition of conferences, there will be a special opportunity this year: The **8th World Congress of Active Aging** will be held August 13-17th, 2012, in Glasgow, UK. The subject is "A celebration of diversity and inclusion in active aging". EGREPA is one of the partner institutions and will organize an invited symposium, as has been 2008 in Tsukuba, Japan. Please see the advertisement for further information, or enter the congress website http://www.wcaa2012.com. **The early bird registration is possible before April 30th**.

Meanwhile, we will look forward to the next EGREPA conference to be held in 2014. Applications to host this conference or future meetings are very welcome.

You are invited to join EGREPA or to renew your membership. **Membership applications and renewals** are easily possible through our website http://www.egrepa.org. Click on EGREPA - membership. All transactions go through a secure connection with the University of Münster (Our treasurer's affiliation in Germany) banking system. If you wish, you also can use the attached membership form. Please complete the form and send it to our treasurer's office in Münster, Germany (details on the form).

For more information, please contact me.

Dr. Yael Netz, General Secretary Zinman College of Physical Education and Sport Sciences, Wingate Institute, Israel,

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"A celebration of diversity and inclusion in active ageing"

August 13-17th 2012 Glasgow, UK

Held every 4 years, this Congress will celebrate the diversity of ageing and, in particular, will focus upon the needs of the oldest and frailest population, often excluded from both research and practice. Key one day congress themes will focus on the prevention and self management of conditions associated with old age, such as:



- Cognitive functioning and dementia,
- Neurological and musculoskeletal conditions,
- Falls, fractures and bone health, and
- Cardiovascular and respiratory conditions.

Participation events, including an Active Ageing 'Experience Zone', aim to ensure that older people can actively engage with congress delegates

Keynote lectures

- Longevity, Physical Activity and Ageing (Tom Kirkwood, Newcastle University, UK).
- Public Health Guidelines for Physical Activity in Older People (David Buchner, University of Illinois, USA.
- Physical Activity, Well-being, and Quality of Life Through the Lifespan (Waneen Spirduso, University of Texas, USA).
- Physical Activity in the Prevention of Dementia (Jennifer Etnier, University of North Carolina, USA).
- Preventing falls and fractures with physical activity and exercise (Dawn Skelton, Glasgow Caledonian University, UK)
- Promoting and Marketing Physical Activity to Older People (Colin Milner, International Council on Active Aging, USA)
- New Technologies to Engage Older Adults in Physical Activity (Stuart Smith, Neuroscience Research Australia, Australia).
- Prevention and Management of Neurological Conditions in Old Age through Physical Activity and Exercise (Stephanie Studenski, University of Pittsburgh, USA).
- Sedentary Behaviour and Older People New Insights (Neville Owen, Melbourne, Australia).

Important Congress Data:

Early bird Registration Deadline 30 April 2012

Registration and scientific programme: www.wcaa2012.com



Hosted by:

Supported by:









EGREPA

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•	e-mail: <u>r</u> fax: - phone: -	GREPA nichael.brach@uni-muenster.de -+49 251 83 32303 -+49 251 83 32326 mbership	
One year membership (2012)			
40 Euro Individual	,	☐ 100 Euro Institution	
Two years membership (2012-2013)			
☐ 72 Euro Individual		200 Euro Institution	
continuing membership (automatically renewal, until cancellation by member)			
☐ 36 Euro Individual	per year	☐ 100 Euro Institution per yea	r
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Thank you very much! Michael Brach, Treasurer